



# 中國香港龍舟總會 HONG KONG CHINA DRAGON BOAT ASSOCIATION

Founding Member of International Dragon Boat Federation 國際龍舟聯合會創會會員  
Founding Member of Asian Dragon Boat Federation 亞洲龍舟聯合會創會會員  
Associate Member of Sports Federation & Olympic Committee of Hong Kong, China 中國香港體育協會暨奧林匹克委員會屬會會員  
Founding Member of Hong Kong Water Sports Council 香港水上運動議會創會會員

## 香港龍舟代表隊鼓手及舵手分隊隊員招募

- 面試日期及時間：2023年12月16及17日（星期六及日）上午十一時至下午一時
- 面試地點：中國香港龍舟總會石門訓練中心
- 參加資格：  
1. 持有有效的香港身份證、香港特別行政區護照及港澳居民來往內地通行證（回鄉證）  
2. 為有效中國香港龍舟總會個人會員  
3. 青少年組介乎18-23歲之男女子青少年U24，公開組年齡24歲或以上  
(年齡以1月1日起計算)
- 體重要求：男子65kg以下；女子55kg以下
- 截止報名：2023年12月13日（星期三）上午10時

### 備註：

1. 鼓手是舵手的後備人選，所以鼓手亦須具備舵手技能。
2. 面試當天守時、禮貌及態度亦都是考核範圍。
3. 請進入以下連結完成報名手續。(連結：<https://forms.gle/A1Y3i9mKnU9FWpC28>)
4. 面試時間將於2023年12月14日（星期四）通過電郵通知參加者。
5. 由於每節人數有限，各參加者的面試日期和時間最終由總會安排，不得異議。
6. 完成面試後，招募結果經香港代表隊總監及教練確認後通知參加者。通過選拔之參加者才會接獲電郵通知。
7. 成功入隊後，隊員需定期量度體重，體重需維持在要求範圍內，並需配合教練指示進行體能及划手等訓練。

2023年12月4日





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## Hong Kong Dragon Boat Team Helm & Drummer Recruitment

- Selection Date / Time : 16 & 17 December 2023 (Saturday & Sunday) 1100 - 1300 hours
- Venue : Hong Kong China Dragon Boat Association Shek Mun Training Centre
- Eligibility : 1. Holder of Hong Kong Identity Card, HKSAR Passport and Mainland Travel Permit for Hong Kong and Macau Residents (Home Return Permit)
2. Participant be a valid Individual Member of the HKCDBA
3. Youth Team U24: Aged 18 to 23; Open Team: Aged 24 or above (Age is calculated from 1 January)
- Weight Requirement : Men: Under 65 kg; Women: Under 55 kg
- Deadline : 13 December 2023 (Wednesday) 1000 hours

### Remark:

1. As the drummer is the substitution of helm, therefore the drummer is also required to have basic helm skills.
2. Punctuality, politeness and attitude are also included in the assessment.
3. Please click the link below for registration. (Link: <https://forms.gle/A1Y3i9mKnU9FWpC28>)
4. Participants will be notified the interview arrangement by email on 14 December 2023 (Thursday).
5. Due to the limited number of participants in each session, the interview date and time of each participant will be arranged by the Association and no objection shall be raised.
6. The selection result will be announced via E-mail after reviewed by the Director and Coaches of Hong Kong Team. Qualified participants will be notified only.
7. Measuring the weight regularly and maintaining the weight within the required range and cooperate with the coach's instructions to carry out physical fitness, paddling and other training must be required after joining Hong Kong Team.

4 December 2023

